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**ESEBT Board Report**

**February 2015**

* **United Health Care: Simply Engaged Program-Update**
  + Met with UHC representative to get a clear picture of what our role in promoting the Simply Engaged Program is and what the expectation is in terms of enrollment.
* **Seasonal Campaigns**
  + **CRC 1,000 Mile Resolve**
  + **Healthy Heart Challenge-170 participants**
* **Weight Watchers at Work**
  + - **Penny Creek and CRC combined weight loss of 400 pounds**
* **Fitness Classes**
  + Ten classes District wide
* **Wellness Wednesday: Weekly Wellness Newsletter**
  + Readership (opens) 200-300